

CJD Braunschweig International School Braunschweig-Wolfsburg Helmstedter Straße 37 • 38126 Braunschweig Tel 0531 88 92 10-0



## WEEKLY MENU

from 12.05.2025 to 16.05.2025

varied salad buffet each day

	Menu 1	Menu 2
	gnocchi <sup>(C)</sup> with tomato sauce	vegetable potato casserole (carrots, cauliflower, broccoli)
Monday	and vegetables (onions, courgette, bell pepper)	gratinated with cheese (G)
	stracciatella-yoghurt <sup>(G)</sup> schule - Essen - Note	stracciatella-yoghurt <sup>(G)</sup>
	sliced chickenbreast with fruity curry sauce (A;a1;G)	vegetable ragout (bellpepper, leek, carrots ,cabbage)
Tuesday	and herbal rice (whole grain)	with fruity curry sauce (A;a1;G;F) and herbal potatoes
	apple	apple
	minestrone (italian vegetable soup) with tomato,	fried vegetable pattie $(A;a1;C)$ with boiled potato
Wednesday	chickpeas, carrots, pea pods and croutons (A;a1)	and mixed vegetables (peas, carrots)
	stirred raspberry quark (G)	stirred raspberry quark (G)
	chili sin carne with bell pepper, tomato, kidney beans, corn	noodles (penne) <sup>(A;a1;)</sup> with
Thursday	and creme fraiche (G) with herbal rice	ham creme sauce (pork) (G;2;3;15)
	banana Solute - Essen - Note	banana
	salmon potato bake (wild salmon) <sup>(D;G)</sup>	soya nuggets <sup>(A;a1;F)</sup>
Friday	with mixed vegetables (peas, carrots)	with mixed vegetables (carrots, broccoli, cauliflower) and rice
	watermelon	watermelon

Please notice indication of ingredients in case of food allergies or intolerances. We use iodized table salt. Subject to change without prior notice.

with this logo labeled dishes are prepared according to DGE quality standard for the lunch provision in schools and are certified by Deutsche Gesellschaft für Ernährung (DGE) e.V. The daily changing salad bar is a further offer in addition to the menues.



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