

## WEEKLY MENU

Cambridge Assessment
International Education Cambridge International School

from 01.12.2025 to 05.12.2025

varied salad buffet each day

	Menu 1	Menu 2
	whole grain-pasta with pesto rosso (A;a1;) (tomato pesto),	vegetable schnitzel <sup>(A;a1)</sup>
Monday	sunflower seeds and grated hard cheese	with herbal sauce $^{(A;a1;G)}$ , broccoli and rice
	apple or kiwi fruit	apple or kiwi fruit
	vegetable pan-fry (broccoli, corn, bell pepper, tomatoes,	meat balls Toskana (poultry) $^{(A;a1;C;G)}$ with rice,
Tuesday	kidney beans) with potato wedges <sup>(A;a1)</sup> and sour cream <sup>(G)</sup>	tomato sauce and gratinated with Mozzarella
	stirred wild berry quark (G)	stirred wild berry quark <sup>(G)</sup>
	meatball <sup>(A;a1;C)</sup> with	yeast dumpling (A;a1;C;G) with
Wednesday	peas <sup>(G)</sup> and potatos	vanillasauce and cinnamon
	banana Schule » Essen = Note 1	banana
	soy gyros with tzatziki <sup>(G)</sup> and djuvec rice with	turkey gyros with tzatziki $^{(G)}$ and djuvec rice with
Thursday	vegetables (tomato, bell pepper, corn, onions)	vegetables (tomato, bell pepper, corn, onions)
	raspberry yoghurt (G;)	raspberry yoghurt <sup>(G;)</sup>
	wild salamon cream sauce <sup>(D;G)</sup>	noodles (farfalle) (A;a1;) with
Friday	with carrots, broccoli and cauliflower and herbal potatos	tomato creme sauce <sup>(G)</sup>
	pear	pear

Please notice indication of ingredients in case of food allergies or intolerances. We use iodized table salt. Subject to change without prior notice.



with this logo labeled dishes are prepared according to DGE quality standard for the lunch provision in schools and are certified by *Deutsche Gesellschaft für Ernährung* (DGE) e.V. The daily changing salad bar is a further offer in addition to the menues.



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